



SUBHARAM GOVT DEGREE COLLEGE
PUNGANUR-517247
CHITTOOR DIST

A Report
On

BP & HEMOGLOBIN TESTS

Conducted

(15.12.2022 to 16.12.2022)

Venue

Seminar Hall

Organized by

Women Empowerment Cell

&

NSS

SRGDC

Punganur

SUBHARAM GOVT DEGREE COLLEGE
A REPORT ON
BLOOD PRESSURE & HEMOGLOBIN TESTS

(15.12.2022 to 16.12.2022)

CIRCULAR

14/12/2022

All the teaching staff and students are hereby informed that WEC & NSS is going to organize a programme on “Blood Pressure, Blood Grouping & Hemoglobin test” is organizing a programme to the students on 15/12/2022 in the college premises at 10.00 A.M. Hence all are requested to attend the programme and make it as a grand success.


PRINCIPAL
S.R. Govt. Degree College
PUNGANUR - 517 247
Chittoor District.

OBJECTIVES OF THE PROGRAMME: To make the students learn about

- Different types of blood groups
- Normal ranges of haemoglobin and blood pressure levels.
- To maintain normal haemoglobin and blood pressure levels.

REPORT OF THE PROGRAMME:

On 15.12.2022 & 16.12.2022 WEC and NSS conducted a health programme to staff and students in the verandah of BA wing in association with Health and Medical department. The medical staff set up their apparatus and then students were called to them class after class to avoid rush. The medical staff then performed various tests like Blood Pressure, Haemoglobin and Blood Grouping to the students. These tests were conducted for about 75 students and staff of the college and locals. Then the medical staff created awareness to the

students about the ways of maintaining required blood pressure and haemoglobin levels. They suggested the students about the medicines and foods to take so that can develop their BP and Blood levels. They also distributed medicines and iron & folic acid tablets to those students who have lower BP and haemoglobin levels. Then the staff and students appreciated the efforts of the medical staff namely Smt Bharathi, ANM, Punganur.

OUTCOMES OF THE PROGRAMME:

- Students have an idea about BP levels in human body.
- They learned how to increase Haemoglobin levels.
- They will develop healthy food habits.

Photos

